



Apoios:



TORNEIO DO TEJO GINÁSTICA RÍTMICA TODOS OS ESCALÕES

26 Fevereiro 2022
Escola D. Dinis
Lisboa



Beatriz Verhaeghe
Seleção Distrital Sénior

Lisboa, Escola D. Dinis, 26 fevereiro 2022

Manhã – Infantis e Iniciadas

Júri I		Júri II	
DB1	Sandra Nunes	DB1	Patrícia Jorge
DB2	Tânia Oliveira	DB2	Carla Roque
DA1	Nina Chevts	DA1	Andreia Alves
DA2	Helena Ferreira	DA2	Vera Brito
A1	Sara Martins	A1	Raquel Lima
A2	Renata Filhó	A2	André Reis
E1	Inês Evaristo	E1	Susana Miguel
E2	Rita Gomes	E2	Patrícia Galan



Torneio do Tejo - INFANTIS

Nº	Equipa	Ginasta	Aparelho	DB1	DB2	DIF	A1	A2	AT	ART	E1	E2	ET	EXE	PEN	TOTAL
1	CRP - Equipa A	Iris Varandas	Mov. Livres	0,400	0,000	0,400	2,500	2,500	2,500	7,500	1,900	2,600	2,250	7,750	0,000	15,650
2	CNM - Equipa A	Marta Cardoso	Corda	0,300	0,500	0,800	3,400	3,100	3,250	6,750	4,800	4,800	4,800	5,200	0,000	12,750
3	CSSPF - Equipa A	Marisa Poço	Mov. Livres	0,200	0,000	0,200	4,100	4,200	4,150	5,850	3,100	3,500	3,300	6,700	0,000	12,750
4	CRP - Equipa B	Mariana Serra	Bola	0,600	0,200	0,800	3,700	3,500	3,600	6,400	4,300	4,000	4,150	5,850	0,000	13,050
5	VCQ - Equipa A	Inês Martins	Mov. Livres	0,500	0,000	0,500	3,100	3,100	3,100	6,900	2,000	2,900	2,450	7,550	0,000	14,950
1	CRP - Equipa A	Inês Oliveira	Bola	0,900	0,400	1,300	3,100	3,100	3,100	6,900	3,700	3,500	3,600	6,400	0,000	14,600
2	CNM - Equipa A	Ana Júlia Nobre	Mov. Livres	0,200	0,000	0,200	5,100	5,100	5,100	4,900	4,000	4,800	4,400	5,600	0,300	10,700
3	CSSPF - Equipa A	Constança Gonçalves	Bola	0,600	0,200	0,800	4,700	4,700	4,700	5,300	5,100	5,000	5,050	4,950	0,000	11,050
4	CRP - Equipa B	Margarida Ferreira	Mov. Livres	0,700	0,000	0,700	3,000	3,100	3,050	6,950	2,600	2,500	2,550	7,450	0,000	15,100
5	VCQ - Equipa A	Rita Pires	Bola	0,800	0,100	0,900	3,600	3,000	3,300	6,700	5,100	5,500	5,300	4,700	0,000	12,300
1	CRP - Equipa A	Anastasiia Kholodok	Mov. Livres	0,300	0,000	0,300	3,900	3,900	3,900	6,100	2,600	3,400	3,000	7,000	0,000	13,400
2	CNM - Equipa A	Madalena Varela	Corda	0,700	0,300	1,000	3,700	3,800	3,750	6,250	4,500	4,600	4,550	5,450	0,000	12,700
3	CSSPF - Equipa A	Matilde Abreu	Mov. Livres	0,300	0,000	0,300	4,200	4,300	4,250	5,750	3,500	2,900	3,200	6,800	0,000	12,850
4	CRP - Equipa B	Núria Dias	Bola	0,500	0,100	0,600	3,400	3,700	3,550	6,450	5,200	5,300	5,250	4,750	0,000	11,800
5	VCQ - Equipa A	Inês Almeida	Mov. Livres	0,200	0,000	0,200	4,900	5,000	4,950	5,050	3,200	3,300	3,250	6,750	0,000	12,000
1	CRP - Equipa A	Iris Varandas	Bola	0,500	0,200	0,700	3,800	3,300	3,550	6,450	3,900	3,600	3,750	6,250	0,000	13,400
2	CNM - Equipa A	Matilde Oliveira	Mov. Livres	0,600	0,000	0,600	2,900	2,900	2,900	7,100	3,000	3,400	3,200	6,800	0,000	14,500
3	CSSPF - Equipa A	Maria Leonor Mota	Bola	0,600	0,100	0,700	4,200	3,700	3,950	6,050	5,300	5,000	5,150	4,850	0,000	11,600
4	CRP - Equipa B	Mariana Serra	Mov. Livres	0,400	0,000	0,400	3,600	3,700	3,650	6,350	2,600	2,800	2,700	7,300	0,000	14,050
5	VCQ - Equipa A	Rita Pires	Mov. Livres	1,200	0,000	1,200	3,200	3,200	3,200	6,800	3,000	2,200	2,600	7,400	0,000	15,400
1	CRP - Equipa A	Inês Oliveira	Mov. Livres	0,500	0,000	0,500	2,000	2,000	2,000	8,000	1,800	2,300	2,050	7,950	0,000	16,450
2	CNM - Equipa A	Maria Benedita Ferreira	Corda	0,600	0,400	1,000	3,500	3,200	3,350	6,650	3,200	3,500	3,350	6,650	0,000	14,300
3	CSSPF - Equipa A	Constança Gonçalves	Mov. Livres	0,400	0,000	0,400	4,500	4,700	4,600	5,400	2,600	2,800	2,700	7,300	0,000	13,100
4	CRP - Equipa B	Núria Dias	Mov. Livres	0,400	0,000	0,400	2,100	2,000	2,050	7,950	2,800	2,800	2,800	7,200	0,000	15,550
5	VCQ - Equipa A	Sofia Almeida	Mov. Livres	0,500	0,000	0,500	4,600	4,600	4,600	5,400	3,100	2,900	3,000	7,000	0,000	12,900
1	CRP - Equipa A	Anastasiia Kholodok	Bola	0,400	0,300	0,700	4,200	4,200	4,200	5,800	4,300	4,100	4,200	5,800	0,000	12,300
2	CNM - Equipa A	Maria Teresa Portugal	Mov. Livres	0,900	0,000	0,900	3,400	3,500	3,450	6,550	2,500	3,200	2,850	7,150	0,000	14,600
3	CSSPF - Equipa A	Maria Leonor Mota	Mov. Livres	0,700	0,000	0,700	4,100	4,300	4,200	5,800	2,900	2,600	2,750	7,250	0,000	13,750
4	CRP - Equipa B	Pilar Fonseca	Mov. Livres	0,400	0,000	0,400	2,000	2,000	2,000	8,000	2,300	2,700	2,500	7,500	0,000	15,900
5	VCQ - Equipa A	Matilde Ferreira	Mov. Livres	0,200	0,000	0,200	4,500	4,500	4,500	5,500	3,000	2,800	2,900	7,100	0,000	12,800

Classificação Geral por Equipas – Infantis

Equipa	Total	Classificação
CRP - Equipa A	87,840	1º
CRP - Equipa B	86,900	2º
VCQ - Equipa A	82,475	3º
CNM - Equipa A	81,225	4º
CSSPF - Equipa A	76,900	5º

Exercícios de Dança – Infantis

Nº	Equipa	Total
1	CRP - Equipa A	2,040
2	CNM - Equipa A	1,675
3	CSSPF - Equipa A	1,800
4	CRP - Equipa B	1,450
5	VCQ - Equipa A	2,125

Torneio do Tejo - INICIADAS

Nº	Equipa	Ginasta	Aparelho	DB1	DB2	DIF	A1	A2	AT	ART	E1	E2	ET	EXE	PEN	TOTAL
1	CNM - Equipa A	Helena Marques	Mov. Livres	1,000	0,000	1,000	3,500	3,400	3,450	6,550	2,500	2,800	2,650	7,350	0,000	14,900
2	SAD - Equipa A	Bianca Vrincean	Corda	1,200	0,900	2,100	3,200	2,900	3,050	6,950	3,800	4,200	4,000	6,000	0,000	15,050
3	VCQ – Equipa A	Kseniya Shageeva	Mov. Livres	2,300	0,000	2,300	2,400	2,500	2,450	7,550	1,600	1,200	1,400	8,600	0,000	18,450
4	SAD - Equipa B	Jéssica Jin	Corda	1,500	0,600	2,100	3,300	3,200	3,250	6,750	4,200	4,000	4,100	5,900	0,000	14,750
5	GCP - Equipa A	Karina Turskan	Mov. Livres	1,900	0,000	1,900	1,900	1,900	1,900	8,100	1,400	1,700	1,550	8,450	0,000	18,450
1	CNM - Equipa A	Aurora Simões	Corda	1,300	0,700	2,000	4,000	3,400	3,700	6,300	3,800	3,500	3,650	6,350	0,000	14,650
2	SAD - Equipa A	Camila Carmo	Mov. Livres	2,600	0,000	2,600	1,500	1,500	1,500	8,500	2,000	2,000	2,000	8,000	0,000	19,100
3	VCQ – Equipa A	Maria Costa	Corda	1,600	1,200	2,800	3,900	3,700	3,800	6,200	4,200	4,300	4,250	5,750	0,000	14,750
4	SAD - Equipa B	Inês Pereira	Mov. Livres	1,700	0,000	1,700	1,700	1,500	1,600	8,400	2,000	1,800	1,900	8,100	0,000	18,200
5	GCP - Equipa A	Michele Silva	Corda	0,600	0,200	0,800	4,400	3,800	4,100	5,900	4,900	5,300	5,100	4,900	0,000	11,600
1	CNM - Equipa A	Filipa Lage	Mov. Livres	0,500	0,000	0,500	3,400	3,400	3,400	6,600	3,200	3,500	3,350	6,650	0,000	13,750
2	SAD - Equipa A	Noa Leão	Corda	1,300	1,300	2,600	4,100	3,800	3,950	6,050	3,700	3,400	3,550	6,450	0,000	15,100
3	VCQ – Equipa A	Maria Coxo	Mov. Livres	1,400	0,000	1,400	2,600	2,600	2,600	7,400	2,600	1,800	2,200	7,800	0,000	16,600
4	SAD - Equipa B	Leonor Rangel	Mov. Livres	1,900	0,000	1,900	2,700	2,700	2,700	7,300	1,700	2,000	1,850	8,150	0,000	17,350
5	GCP - Equipa A	Livia Lemos	Mov. Livres	1,200	0,000	1,200	2,500	2,500	2,500	7,500	2,600	2,200	2,400	7,600	0,000	16,300
1	CNM - Equipa A	Helena Marques	Corda	0,800	0,200	1,000	4,300	4,100	4,200	5,800	3,900	3,900	3,900	6,100	0,000	12,900
2	SAD - Equipa A	Bianca Vrincean	Mov. Livres	2,300	0,000	2,300	1,900	1,800	1,850	8,150	2,900	2,800	2,850	7,150	0,000	17,600
3	VCQ – Equipa A	Kseniya Shageeva	Corda	2,600	2,000	4,600	3,500	3,200	3,350	6,650	3,200	3,500	3,350	6,650	0,000	17,900
4	SAD - Equipa B	Jéssica Jin	Mov. Livres	2,500	0,000	2,500	1,700	1,600	1,650	8,350	2,000	2,700	2,350	7,650	0,000	18,500
5	GCP - Equipa A	Karina Turskan	Corda	1,700	0,800	2,500	2,700	2,900	2,800	7,200	4,200	4,400	4,300	5,700	0,000	15,400
1	CNM - Equipa A	Aurora Simões	Mov. Livres	1,100	0,000	1,100	2,500	2,300	2,400	7,600	2,300	2,800	2,550	7,450	0,000	16,150
2	SAD - Equipa A	Camila Carmo	Corda	2,500	1,900	4,400	2,800	2,800	2,800	7,200	3,900	3,800	3,850	6,150	0,000	17,750
3	VCQ – Equipa A	Maria Costa	Mov. Livres	2,200	0,000	2,200	3,300	3,400	3,350	6,650	2,200	2,100	2,150	7,850	0,000	16,700
4	SAD - Equipa B	Madalena Figueira	Mov. Livres	1,700	0,000	1,700	2,900	3,000	2,950	7,050	2,400	2,900	2,650	7,350	0,000	16,100
5	GCP - Equipa A	Clara Borrego	Mov. Livres	0,800	0,000	0,800	2,900	2,900	2,900	7,100	2,700	3,000	2,850	7,150	0,000	15,050
1	CNM - Equipa A	Maria Luís	Corda	1,000	0,100	1,100	4,500	4,100	4,300	5,700	4,800	5,000	4,900	5,100	0,000	11,900
2	SAD - Equipa A	Noa Leão	Mov. Livres	2,600	0,000	2,600	1,300	1,300	1,300	8,700	2,700	2,000	2,350	7,650	0,000	18,950
3	VCQ – Equipa A	Maria Coxo	Arco	1,900	0,700	2,600	3,800	3,400	3,600	6,400	3,300	3,200	3,250	6,750	0,000	15,750
4	SAD - Equipa B	Madalena Nogueira	Mov. Livres	1,800	0,000	1,800	2,100	2,100	2,100	7,900	2,000	2,600	2,300	7,700	0,000	17,400
5	GCP - Equipa A	Livia Lemos	Corda	0,700	0,400	1,100	3,000	3,100	3,050	6,950	4,900	4,600	4,750	5,250	0,000	13,300

Classificação Geral por Equipas – Iniciadas

Equipa	Total	Classificação
SAD - Equipa A	106,050	1º
SAD - Equipa B	105,125	2º
VCQ – Equipa A	102,300	3º
GCP - Equipa A	91,850	4º
CNM - Equipa A	85,650	5º

Exercícios de Dança – Iniciadas

Nº	Equipa	Total
6	CNM - Equipa A	1,400
7	SAD - Equipa A	2,500
8	VCQ – Equipa A	2,150
9	SAD - Equipa B	2,825
10	GCP - Equipa A	1,750

Lisboa, Escola D. Dinis, 26 fevereiro 2022

Tarde – Juvenis

Júri I		Júri II	
DB1	Sandra Nunes	DB1	Patrícia Jorge
DB2	Tânia Oliveira	DB2	Carla Roque
DA1	Nina Chevts	DA1	Andreia Alves
DA2	Helena Ferreira	DA2	Vera Brito
A1	Sara Martins	A1	Raquel Lima
A2	Renata Filhó	A2	André Reis
E1	Inês Evaristo	E1	Susana Miguel
E2	Rita Gomes	E2	Patrícia Galan

Classificação Geral por Equipas – Juvenis

Equipa	Total	Rank
GCP - Equipa A	123,325	1º
SAD - Equipa A	114,800	2º
VCQ – Equipa A	113,475	3º
CNM - Equipa A	106,600	4º
SAD - Equipa B	99,525	5º
CIRM – Equipa A	98,100	6º
SAD - Equipa C	91,700	7º
CRP – Equipa A	87,850	8º
CRDM – Equipa A	86,675	9º
CSSPF – Equipa A	84,850	10º

Exercícios de Dança – Juvenis

Nº	Equipa	Total
1	VCQ – Equipa A	3,325
2	CRP – Equipa A	1,300
3	GCP - Equipa A	2,725
4	SAD - Equipa C	1,100
5	CRDM – Equipa A	1,475
6	SAD - Equipa A	1,450
7	CSSPF – Equipa A	1,250
8	CIRM – Equipa A	2,050
9	SAD - Equipa B	1,475
10	CNM - Equipa A	1,500

Torneio do Tejo - JUVENIS

Nº	Equipa	Ginasta	Aparelho	DB1	DB2	DIF	A1	A2	ART	E1	E2	EXE	PEN	TOTAL
1	VCQ – Equipa A	Carolina Garcia	Mov. Livres	2,000	0,000	2,000	1,900	1,900	8,100	1,700	1,900	8,200	0,000	18,300
2	CRP – Equipa A	Érica Mata	Corda	0,300	0,400	0,700	4,200	4,100	5,850	4,500	4,400	5,550	0,000	12,100
3	GCP - Equipa A	Rita Carmo	Arco	2,200	1,400	3,600	2,900	2,500	7,300	5,000	4,600	5,200	0,300	16,100
4	SAD - Equipa C	Bianca Tavares	Corda	0,300	0,800	1,100	5,200	4,900	4,950	6,000	6,700	3,650	0,000	9,700
5	CRDM – Equipa A	Aline Silva	Mov. Livres	1,700	0,000	1,700	2,300	2,000	7,850	3,100	3,000	6,950	0,000	16,500
6	SAD - Equipa A	Joana Lourenço	Corda	3,100	1,500	4,600	3,200	3,000	6,900	3,300	3,500	6,600	0,000	18,100
7	CSSPF – Equipa A	Bianca Almeida	Mov. Livres	0,700	0,000	0,700	3,000	2,600	7,200	3,100	3,200	6,850	0,000	14,750
8	CIRM – Equipa A	Kira Naydenko	Maças	1,800	1,300	3,100	2,100	2,300	7,800	2,400	2,800	7,400	0,000	18,300
9	SAD - Equipa B	Núria Fernandes	Mov. Livres	2,000	0,000	2,000	2,200	1,900	7,950	2,200	2,300	7,750	0,000	17,700
10	CNM - Equipa A	Filipa Simões	Corda	3,600	1,100	4,700	2,900	2,800	7,150	3,000	3,500	6,750	0,000	18,600
1	VCQ – Equipa A	Carolina Garcia	Corda	2,400	1,200	3,600	2,500	2,800	7,350	2,700	3,000	7,150	0,000	18,100
2	CRP – Equipa A	Carolina Lopes	Bola	0,200	0,600	0,800	3,800	3,700	6,250	4,700	5,000	5,150	0,000	12,200
3	GCP - Equipa A	Rita Carmo	Corda	4,700	2,100	6,800	1,900	1,900	8,100	3,000	3,600	6,700	0,000	21,600
4	SAD - Equipa C	Bianca Tavares	Mov. Livres	0,700	0,000	0,700	2,500	2,200	7,650	2,800	3,100	7,050	0,000	15,400
5	CRDM – Equipa A	Aline Silva	Corda	0,300	0,100	0,400	5,000	4,800	5,100	4,900	5,000	5,050	0,000	10,550
6	SAD - Equipa A	Joana Lourenço	Mov. Livres	2,500	0,000	2,500	1,900	1,600	8,250	2,600	2,400	7,500	0,000	18,250
7	CSSPF – Equipa A	Bianca Almeida	Corda	1,600	0,100	1,700	4,800	4,700	5,250	3,500	4,000	6,250	0,000	13,200
8	CIRM – Equipa A	Kira Naydenko	Mov. Livres	1,700	0,000	1,700	1,800	1,800	8,200	3,000	3,300	6,850	0,000	16,750
9	SAD - Equipa B	Núria Fernandes	Corda	1,300	0,800	2,100	4,100	3,900	6,000	3,800	5,000	5,600	0,000	13,700
10	CNM - Equipa A	Filipa Simões	Mov. Livres	2,500	0,000	2,500	1,700	1,700	8,300	3,200	3,400	6,700	0,000	17,500
1	VCQ – Equipa A	Júlia Madeira	Mov. Livres	1,200	0,000	1,200	1,300	1,300	8,700	3,000	3,100	6,950	0,000	16,850
2	CRP – Equipa A	Ryana Landim	Corda	2,100	1,800	3,900	2,500	2,600	7,450	3,600	3,500	6,450	0,000	17,800
3	GCP - Equipa A	Lavinia Calestru	Maças	3,600	1,500	5,100	1,800	1,700	8,250	3,600	3,100	6,650	0,000	20,000
4	SAD - Equipa C	Matilde Brito	Corda	2,200	0,800	3,000	3,400	3,300	6,650	4,900	4,300	5,400	0,000	15,050
5	CRDM – Equipa A	Diana Rodrigues	Mov. Livres	1,000	0,000	1,000	2,300	2,100	7,800	2,900	2,900	7,100	0,000	15,900
6	SAD - Equipa A	Kira Kozban	Corda	2,500	2,300	4,800	3,000	2,800	7,100	4,800	5,000	5,100	0,000	17,000
7	CSSPF – Equipa A	Constança Soeiro	Mov. Livres	0,900	0,000	0,900	2,200	2,200	7,800	3,700	3,900	6,200	0,000	14,900
8	CIRM – Equipa A	Alana Barros	Arco	1,100	0,400	1,500	3,400	3,300	6,650	4,000	4,300	5,850	0,600	14,000
9	SAD - Equipa B	Matilde Garcia	Mov. Livres	1,300	0,000	1,300	2,600	2,400	7,500	2,400	2,400	7,600	0,000	16,400

10	CNM - Equipa A	Leticia Ribeiro	Corda	3,000	1,900	4,900	3,000	2,700	7,150	3,200	2,700	7,050	0,000	19,100
1	VCQ – Equipa A	Benedita Esteves	Corda	3,600	1,100	4,700	2,600	2,400	7,500	2,000	2,000	8,000	0,000	20,200
2	CRP – Equipa A	Ryana Landim	Bola	0,800	0,200	1,000	3,000	2,600	7,200	3,700	3,600	6,350	0,000	14,550
3	GCP - Equipa A	Lavinia Calestru	Corda	4,100	2,300	6,400	1,500	1,500	8,500	2,800	2,200	7,500	0,000	22,400
4	SAD - Equipa C	Matilde Brito	Mov. Livres	1,500	0,000	1,500	2,400	2,200	7,700	2,700	2,900	7,200	0,000	16,400
5	CRDM – Equipa A	Diana Rodrigues	Maças	1,300	0,200	1,500	4,300	4,400	5,650	4,800	4,500	5,350	0,000	12,500
6	SAD - Equipa A	Kira Kozban	Mov. Livres	2,400	0,000	2,400	1,300	1,400	8,650	3,100	2,900	7,000	0,000	18,050
7	CSSPF – Equipa A	Constança Soeiro	Arco	1,000	0,400	1,400	3,600	4,000	6,200	4,400	4,500	5,550	0,000	13,150
8	CIRM – Equipa A	Alana Barros	Mov. Livres	1,000	0,000	1,000	2,800	3,000	7,100	3,600	3,700	6,350	0,000	14,450
9	SAD - Equipa B	Matilde Garcia	Corda	1,800	1,600	3,400	3,200	3,500	6,650	4,000	4,100	5,950	0,000	16,000
10	CNM - Equipa A	Leticia Ribeiro	Mov. Livres	2,200	0,000	2,200	2,500	2,100	7,700	2,800	3,000	7,100	0,000	17,000
1	VCQ – Equipa A	Beatriz Sousa	Mov. Livres	1,500	0,000	1,500	1,900	1,900	8,100	2,500	2,600	7,450	0,000	17,050
2	CRP – Equipa A	Sara Mendes	Bola	1,300	0,600	1,900	2,800	2,900	7,150	3,100	3,000	6,950	0,000	16,000
3	GCP - Equipa A	Beatriz Lopes	Corda	4,000	1,200	5,200	1,900	1,700	8,200	3,300	3,600	6,550	0,000	19,950
4	SAD - Equipa C	Matilde Pinto	Corda	2,800	1,300	4,100	3,400	3,300	6,650	3,900	4,000	6,050	0,000	16,800
5	CRDM – Equipa A	Soraia Rodrigues	Arco	1,400	0,800	2,200	3,300	3,500	6,600	4,000	3,900	6,050	0,000	14,850
6	SAD - Equipa A	Madalena Marques	Corda	5,300	2,600	7,900	2,500	2,300	7,600	3,000	2,800	7,100	0,000	22,600
7	CSSPF – Equipa A	Clara Poço	Mov. Livres	0,200	0,000	0,200	2,900	2,900	7,100	3,700	3,500	6,400	0,000	13,700
8	CIRM – Equipa A	Maria Leonor	Arco	0,800	1,400	2,200	3,400	3,000	6,800	3,100	3,300	6,800	0,000	15,800
9	SAD - Equipa B	Sofia Garriapa	Mov. Livres	2,300	0,000	2,300	1,900	1,900	8,100	3,200	3,100	6,850	0,000	17,250
10	CNM - Equipa A	Gabriela Lucas	Corda	1,900	1,000	2,900	2,800	2,400	7,400	4,500	4,100	5,700	0,000	16,000
1	VCQ – Equipa A	Benedita Esteves	Arco	2,600	2,200	4,800	2,300	2,100	7,800	2,900	3,000	7,050	0,000	19,650
2	CRP – Equipa A	Ema Ventura	Bola	0,600	0,600	1,200	3,100	2,800	7,050	4,300	4,400	5,650	0,000	13,900
3	GCP - Equipa A	Maria Inês Ferreira	Corda	4,000	1,200	5,200	1,600	1,800	8,300	2,900	3,000	7,050	0,000	20,550
4	SAD - Equipa C	Matilde Pinto	Mov. Livres	1,700	0,000	1,700	2,100	1,800	8,050	2,600	2,400	7,500	0,000	17,250
5	CRDM – Equipa A	Soraia Rodrigues	Corda	2,500	0,100	2,600	3,200	3,600	6,600	4,400	4,200	5,700	0,000	14,900
6	SAD - Equipa A	Madalena Marques	Mov. Livres	3,100	0,000	3,100	1,400	1,200	8,700	2,400	2,500	7,550	0,000	19,350
7	CSSPF – Equipa A	Clara Poço	Corda	0,900	0,400	1,300	4,300	4,200	5,750	3,000	3,300	6,850	0,000	13,900
8	CIRM – Equipa A	Maria Leonor	Mov. Livres	2,100	0,000	2,100	2,600	2,400	7,500	2,800	2,900	7,150	0,000	16,750
9	SAD - Equipa B	Sofia Garriapa	Corda	1,800	1,900	3,700	3,200	3,000	6,900	3,800	3,400	6,400	0,000	17,000
10	CNM - Equipa A	Gabriela Lucas	Mov. Livres	1,900	0,000	1,900	2,100	2,300	7,800	3,000	2,600	7,200	0,000	16,900

Lisboa, Escola D. Dinis, 26 fevereiro 2022

Tarde – Juniores

Júri I		Júri II	
DB1	Andreia Alves	DB1	André Reis
DB2	Nina Chevts	DB2	Renata Filhó
DA1	Sandra Nunes	DA1	Sara Martins
DA2	Patrícia Jorge	DA2	Raquel Lima
A1	Inês Evaristo	A1	Vera Brito
A2	Rita Gomes	A2	Susana Miguel
E1	Tânia Oliveira	E1	Helena Ferreira
E2	Teresa Cabrita	E2	Patrícia Galan

Classificação Geral por Equipas – Juniores

Equipa	Total	Rank
SAD - Equipa A	124,750	1º
GCP Equipa B	119,800	2º
CRP – Equipa A	119,500	3º
SAD - Equipa B	110,250	4º
SAD - Equipa C	109,300	5º
GCP Equipa A	108,050	6º
CIRM – Equipa A	91,500	7º
CRDM – Equipa A	87,800	8º
CDAEAO - Equipa A	85,850	9º
VCQ – Equipa B	83,650	10º
VCQ – Equipa A	70,950	11º
CSSPF – Equipa A	70,200	12º
GCP Equipa C	67,300	13º
CRDM – Equipa B	67,150	14º

Exercícios de Dança – Juniores

Nº	Equipa	Total
1	GCP Equipa A	2,525
3	VCQ – Equipa B	1,950
4	SAD - Equipa B	1,700
5	CRP – Equipa A	2,550
6	CRDM – Equipa A	2,300
7	CDAEAO - Equipa A	2,525
8	GCP Equipa B	1,500
9	CRP – Equipa B	1,225
10	SAD - Equipa A	2,050
11	VCQ – Equipa A	0,000
12	CIRM – Equipa A	0,850
13	GCP Equipa C	0,000
14	SAD - Equipa C	1,250
15	CSSPF – Equipa A	1,150
16	CRDM – Equipa B	1,350

Torneio do Tejo - JUNIORES

Nº	Equipa	Ginasta	Aparelho	DB	DA	DIF	A1	A2	ART	E1	E2	EXE	PEN	TOTAL
1	GCP Equipa A	Raquel Augusto	Arco	4,500	1,700	6,200	2,800	2,700	7,250	3,000	3,100	6,950	0,000	20,400
2	GUIMAGYM – Equipa A	Inês Silva	Fita	1,800	0,800	2,600	4,000	4,200	5,900	5,900	6,200	3,950	0,000	12,450
3	VCQ – Equipa B	Andreia Pereira	Arco	1,300	1,000	2,300	3,600	3,600	6,400	5,000	4,500	5,250	0,000	13,950
4	SAD - Equipa B	Leonor Martins	Bola	2,100	2,100	4,200	3,200	3,500	6,650	4,900	4,200	5,450	0,000	16,300
5	CRP – Equipa A	Catarina Nistorenco	Arco	3,500	1,500	5,000	2,400	2,300	7,650	3,500	3,300	6,600	0,000	19,250
6	CRDM – Equipa A	Mariana Mendonça	Fita	0,900	1,300	2,200	4,300	3,500	6,100	4,900	5,900	4,600	0,300	12,900
7	CDAEAO - Equipa A	Mafalda Ribeiro	Arco	2,600	0,400	3,000	3,300	3,500	6,600	3,200	2,900	6,950	0,000	16,550
8	GCP Equipa B	Carolina Freitas	Arco	5,700	2,000	7,700	3,100	2,900	7,000	5,100	4,700	5,100	0,300	19,800
1	GCP Equipa A	Raquel Augusto	Fita	2,700	1,700	4,400	2,600	2,600	7,400	4,900	5,300	4,900	0,000	16,700
2	GUIMAGYM – Equipa A	Inês Silva	Arco	2,700	0,400	3,100	3,500	3,800	6,350	3,900	3,300	6,400	0,000	15,850
3	VCQ – Equipa B	Andreia Pereira	Fita	0,900	1,500	2,400	3,700	3,800	6,250	5,500	4,800	4,850	0,000	13,500
4	SAD - Equipa B	Leua Alberto	Arco	2,300	1,900	4,200	2,800	3,100	7,050	5,300	5,300	4,700	0,600	15,950
5	CRP – Equipa A	Jade Almeida	Bola	3,000	1,800	4,800	2,600	2,600	7,400	4,000	3,600	6,200	0,000	18,400
6	CRDM – Equipa A	Mariana Mendonça	Arco	1,400	0,900	2,300	3,700	3,700	6,300	3,500	3,700	6,400	0,000	15,000
7	CDAEAO - Equipa A	Mafalda Ribeiro	Fita	0,600	0,200	0,800	2,800	2,400	7,400	5,900	6,100	4,000	0,000	12,200
8	GCP Equipa B	Carolina Freitas	Maças	5,300	2,400	7,700	2,500	2,500	7,500	3,700	3,300	6,500	0,000	21,700
1	GCP Equipa A	Margarida Oliveira	Arco	3,000	1,700	4,700	3,000	3,100	6,950	4,100	3,900	6,000	0,600	17,650
2	GUIMAGYM – Equipa A	Rita Silva	Fita	1,100	0,200	1,300	4,400	4,300	5,650	8,200	7,500	2,150	0,000	9,100
3	VCQ – Equipa B	Ana do Mar Frade	Arco	1,000	0,600	1,600	4,300	4,200	5,750	4,700	4,500	5,400	0,000	12,750
4	SAD - Equipa B	Leua Alberto	Bola	1,500	2,400	3,900	2,500	2,800	7,350	5,000	5,400	4,800	0,600	16,050
5	CRP – Equipa A	Sofia Kolesnikov	Arco	2,400	1,800	4,200	3,700	3,400	6,450	4,000	4,000	6,000	0,000	16,650
6	CRDM – Equipa A	Luana Afonso	Bola	1,300	1,600	2,900	3,600	3,500	6,450	5,300	4,800	4,950	0,000	14,300
7	CDAEAO - Equipa A	Gabriela Gonçalves	Arco	1,000	0,400	1,400	3,300	3,400	6,650	4,500	4,700	5,400	0,000	13,450
8	GCP Equipa B	Joana Ferreira	Bola	3,600	3,100	6,700	2,200	2,200	7,800	4,800	5,100	5,050	0,300	19,550
1	GCP Equipa A	Margarida Oliveira	Fita	2,700	1,900	4,600	2,400	2,700	7,450	5,400	4,800	4,900	0,000	16,950
2	GUIMAGYM – Equipa A	Rita Silva	Arco	2,600	0,600	3,200	4,500	4,100	5,700	5,000	4,800	5,100	0,000	14,000
3	VCQ – Equipa B	Nicole Monteiro	Fita	0,600	0,800	1,400	3,800	3,300	6,450	4,400	4,600	5,500	0,000	13,350
4	SAD - Equipa B	Marta Leal	Maças	4,000	1,800	5,800	3,000	3,000	7,000	4,900	4,500	5,300	0,000	18,100
5	CRP – Equipa A	Sofia Kolesnikov	Fita	3,100	2,400	5,500	3,100	3,500	6,700	3,300	3,200	6,750	0,000	18,950

6	CRDM – Equipa A	Luana Afonso	Maças	1,500	1,000	2,500	4,900	5,000	5,050	5,100	4,700	5,100	0,000	12,650
7	CDAEAO - Equipa A	Margarida Fernandes	Fita	0,800	0,700	1,500	3,400	3,600	6,500	7,500	6,500	3,000	0,000	11,000
8	GCP Equipa B	Joana Ferreira	Arco	5,000	2,300	7,300	3,500	3,700	6,400	3,900	4,200	5,950	0,000	19,650
1	GCP Equipa A	Matilde Borrego	Arco	2,600	1,400	4,000	3,400	3,200	6,700	3,900	3,500	6,300	0,000	17,000
3	VCQ – Equipa B	Nicole Monteiro	Arco	1,600	0,400	2,000	4,000	3,900	6,050	4,000	4,200	5,900	0,000	13,950
4	SAD - Equipa B	Marta Leal	Bola	3,900	3,800	7,700	3,200	3,200	6,800	3,300	3,000	6,850	0,000	21,350
5	CRP – Equipa A	Mafalda Santos	Arco	4,200	2,100	6,300	2,400	2,500	7,550	3,500	3,500	6,500	0,000	20,350
6	CRDM – Equipa A	Iris Gonçalves	Bola	1,700	1,200	2,900	3,900	3,900	6,100	4,900	4,900	5,100	0,000	14,100
7	CDAEAO - Equipa A	Margarida Fernandes	Arco	2,300	0,100	2,400	3,100	3,500	6,700	4,000	4,300	5,850	0,000	14,950
8	GCP Equipa B	Maria Leonor Baptista	Maças	4,200	2,200	6,400	3,900	3,700	6,200	4,900	4,100	5,500	0,000	18,100
1	GCP Equipa A	Matilde Borrego	Fita	1,300	2,300	3,600	4,000	4,400	5,800	5,300	4,900	4,900	0,000	14,300
3	VCQ – Equipa B	Lara Monteiro	Arco	0,400	0,200	0,600	3,500	3,500	6,500	5,000	4,700	5,150	0,000	12,250
4	SAD - Equipa B	Madalena Dias	Bola	2,400	3,000	5,400	2,600	2,600	7,400	4,000	3,400	6,300	0,000	19,100
5	CRP – Equipa A	Mafalda Santos	Maças	3,600	2,900	6,500	1,800	1,900	8,150	3,900	3,800	6,150	0,000	20,800
6	CRDM – Equipa A	Iris Gonçalves	Fita	2,300	1,000	3,300	3,600	3,900	6,250	5,200	5,400	4,700	0,000	14,250
7	CDAEAO - Equipa A	Laura Vilão	Arco	0,900	0,200	1,100	3,700	3,600	6,350	4,800	4,800	5,200	0,000	12,650
8	GCP Equipa B	Maria Leonor Baptista	Arco	3,600	2,200	5,800	3,800	3,400	6,400	4,500	3,900	5,800	0,000	18,000
10	SAD - Equipa A	Carlota Araújo	Bola	4,500	3,400	7,900	1,400	1,500	8,550	2,000	2,400	7,800	0,000	24,250
11	VCQ – Equipa A	Matilde Borrega	Arco	0,000	0,000	0,000	0,000	0,000	10,000	0,000	0,000	10,000	0,000	0,000
12	CIRM – Equipa A	Carolina Guerreiro	Fita	1,700	1,200	2,900	3,000	3,000	7,000	4,200	4,800	5,500	0,000	15,400
13	GCP Equipa C	Bruna Tavares	Arco	0,000	0,000	0,000	0,000	0,000	10,000	0,000	0,000	10,000	0,000	0,000
14	SAD - Equipa C	Ema Rodrigues	Bola	2,300	1,800	4,100	2,800	2,800	7,200	4,100	3,800	6,050	0,000	17,350
15	CSSPF – Equipa A	Lara Dias	Arco	1,500	0,400	1,900	4,200	4,000	5,900	4,000	4,000	6,000	0,000	13,800
16	CRDM – Equipa B	Carolina Nogueira	Arco	0,600	0,100	0,700	6,300	6,200	3,750	5,400	5,400	4,600	0,000	9,050
10	SAD - Equipa A	Carlota Araújo	Arco	4,200	2,400	6,600	3,800	3,400	6,400	3,800	3,900	6,150	0,300	19,150
11	VCQ – Equipa A	Matilde Borrega	Fita	0,000	0,000	0,000	0,000	0,000	10,000	0,000	0,000	10,000	0,000	0,000
12	CIRM – Equipa A	Carolina Guerreiro	Arco	2,400	2,600	5,000	2,500	2,500	7,500	4,000	4,500	5,750	0,000	18,250
13	GCP Equipa C	Bruna Tavares	Bola	0,000	0,000	0,000	0,000	0,000	10,000	0,000	0,000	10,000	0,000	0,000
14	SAD - Equipa C	Ema Rodrigues	Maças	3,500	2,200	5,700	2,800	2,700	7,250	3,700	4,000	6,150	0,000	19,100
15	CSSPF – Equipa A	Lara Dias	Fita	1,400	0,600	2,000	4,600	4,100	5,650	4,800	5,000	5,100	0,000	12,750
16	CRDM – Equipa B	Carolina Nogueira	Bola	0,400	0,300	0,700	5,000	5,200	4,900	5,800	6,000	4,100	0,000	9,700

10	SAD - Equipa A	Margarida Andrade	Bola	2,500	2,800	5,300	2,000	2,000	8,000	2,200	2,300	7,750	0,000	21,050
11	VCQ – Equipa A	Maria Germano	Maças	2,600	1,300	3,900	2,800	3,100	7,050	4,100	4,100	5,900	0,000	16,850
12	CIRM – Equipa A	Leonor Romão	Fita	1,600	1,300	2,900	4,000	4,000	6,000	5,600	5,900	4,250	0,000	13,150
13	GCP Equipa C	Vesna Pietrzak	Maças	4,200	1,800	6,000	4,200	4,400	5,700	5,000	5,200	4,900	0,000	16,600
14	SAD - Equipa C	Carolina Pires	Fita	1,400	1,900	3,300	1,900	2,000	8,050	3,800	4,800	5,700	0,000	17,050
15	CSSPF – Equipa A	Irene Silva	Arco	0,800	0,100	0,900	4,900	5,000	5,050	5,700	5,700	4,300	0,000	10,250
16	CRDM – Equipa B	Sofia Cardoso	Fita	0,300	0,300	0,600	5,200	5,400	4,700	6,500	6,900	3,300	0,300	8,600
10	SAD - Equipa A	Margarida Andrade	Maças	2,700	1,900	4,600	3,200	3,200	6,800	4,500	5,200	5,150	0,000	16,550
11	VCQ – Equipa A	Maria Germano	Bola	4,000	1,200	5,200	1,500	1,600	8,450	3,200	2,900	6,950	0,000	20,600
12	CIRM – Equipa A	Leonor Romão	Arco	1,100	1,400	2,500	3,100	3,200	6,850	4,500	4,200	5,650	0,000	15,000
13	GCP Equipa C	Vesna Pietrzak	Bola	3,000	3,100	6,100	4,000	3,700	6,150	4,500	4,800	5,350	0,000	17,600
14	SAD - Equipa C	Morgana Ferreira	Arco	2,900	1,500	4,400	2,600	2,600	7,400	4,300	4,000	5,850	0,000	17,650
15	CSSPF – Equipa A	Irene Silva	Fita	0,000	0,000	0,000	0,000	0,000	10,000	0,000	0,000	10,000	0,000	0,000
16	CRDM – Equipa B	Beatriz Dias	Arco	1,900	0,800	2,700	3,500	3,600	6,450	4,900	5,000	5,050	0,000	14,200
10	SAD - Equipa A	Matilde Falé	Fita	3,600	3,200	6,800	2,100	2,900	7,500	3,400	3,500	6,550	0,000	20,850
11	VCQ – Equipa A	Carolina Felix Oliveira	Arco	2,600	1,500	4,100	2,800	3,200	7,000	5,000	5,000	5,000	0,000	16,100
12	CIRM – Equipa A	Alice Sousa	Arco	2,700	1,200	3,900	3,500	3,500	6,500	4,300	4,700	5,500	0,000	15,900
13	GCP Equipa C	Beatriz Nascimento	Maças	2,200	2,000	4,200	2,400	2,400	7,600	3,600	3,500	6,450	0,000	18,250
14	SAD - Equipa C	Morgana Ferreira	Fita	2,700	1,500	4,200	2,400	2,800	7,400	3,600	4,000	6,200	0,000	17,800
15	CSSPF – Equipa A	Beatriz Torres	Arco	2,000	1,600	3,600	3,200	3,300	6,750	5,000	4,700	5,150	0,000	15,500
16	CRDM – Equipa B	Beatriz Dias	Fita	1,000	0,500	1,500	4,500	4,400	5,550	5,800	5,600	4,300	0,000	11,350
10	SAD - Equipa A	Matilde Falé	Arco	3,600	2,600	6,200	3,800	3,600	6,300	3,900	3,500	6,300	0,000	18,800
11	VCQ – Equipa A	Carolina Felix Oliveira	Bola	2,000	1,600	3,600	3,000	3,000	7,000	3,400	3,000	6,800	0,000	17,400
12	CIRM – Equipa A	Maria Arcadinho	Arco	1,800	0,100	1,900	4,500	4,600	5,450	5,200	5,300	4,750	0,000	12,100
13	GCP Equipa C	Beatriz Nascimento	Bola	2,300	1,300	3,600	3,600	3,800	6,300	5,300	4,800	4,950	0,000	14,850
14	SAD - Equipa C	Leonor Moita	Fita	1,900	1,400	3,300	2,500	2,500	7,500	2,700	3,200	7,050	0,000	17,850
15	CSSPF – Equipa A	Beatriz Torres	Maças	2,900	1,400	4,300	2,700	2,600	7,350	4,900	4,900	5,100	0,000	16,750
16	CRDM – Equipa B	Mariana Pombinho	Arco	1,000	0,100	1,100	3,100	3,300	6,800	5,000	5,000	5,000	0,000	12,900

Lisboa, Escola D. Dinis, 26 fevereiro 2022

Noite – Seniores

Júri I		Júri II	
DB1	Sandra Nunes	DB1	Sara Martins
DB2	Patrícia Jorge	DB2	Raquel Lima
DA1	Andreia Alves	DA1	André Reis
DA2	Ida Pereira	DA2	Renata Filhó
A1	Tânia Oliveira	A1	Helena Ferreira
A2	Teresa Cabrita	A2	Patrícia Galan
E1	Inês Evaristo	E1	Vera Brito
E2	Rita Gomes	E2	Susana Miguel

Classificação Geral por Equipas – Seniores

Equipa	Total	Rank
GCP - Equipa A	133,750	1º
GCP - Equipa B	116,300	2º
SAD – Equipa A	114,300	3º
CIRM – Equipa A	94,750	4º
CAE - Equipa A	87,500	5º
CDAEAO - Equipa B	78,950	6º
CDAEAO - Equipa A	67,000	8º

Exercícios de Dança – Seniores

Nº	Equipa	Total
1	CIRM – Equipa A	1,550
2	CAE - Equipa A	2,100
3	SAD – Equipa A	2,750
4	CDAEAO - Equipa B	1,550
5	VCQ – Equipa A	3,375
6	GCP - Equipa A	2,550
7	CDAEAO - Equipa A	3,200
8	GCP - Equipa B	2,150

Torneio do Tejo - SENIORES

Nº	Equipa	Ginasta	Aparelho	DB1	DB2	DIF	A1	A2	ART	E1	E2	EXE	PEN	TOTAL
1	CIRM – Equipa A	Matilde Freitas	Arco	2,000	1,500	3,500	4,500	4,500	5,500	4,000	4,000	6,000	0,000	15,000
2	CAE - Equipa A	Madalena Duarte	Maças	2,000	1,200	3,200	3,100	3,100	6,900	5,000	5,100	4,950	0,000	15,050
3	SAD – Equipa A	Carina Novikova	Bola	2,700	3,100	5,800	3,600	3,900	6,250	4,900	4,700	5,200	0,000	17,250
4	CDAEAO - Equipa B	Leonor Pegado	Maças	1,900	1,000	2,900	3,300	3,300	6,700	3,500	3,000	6,750	0,000	16,350
5	VCQ – Equipa A	Catarina Vital	Arco	1,400	1,400	2,800	4,300	4,500	5,600	2,800	3,000	7,100	0,000	15,500
6	GCP - Equipa A	Márcia Lopes	Maças	3,800	2,500	6,300	1,900	2,300	7,900	4,000	4,300	5,850	0,000	20,050
7	CDAEAO - Equipa A	Beatriz Rodrigues	Arco	1,200	0,600	1,800	5,200	6,000	4,400	4,500	4,800	5,350	0,000	11,550
8	GCP - Equipa B	Felicia Oprea	Fita	4,900	2,500	7,400	2,300	2,100	7,800	4,000	3,900	6,050	0,000	21,250
1	CIRM – Equipa A	Inês Canhoto	Fita	2,200	1,100	3,300	3,700	4,300	6,000	4,700	4,900	5,200	0,000	14,500
2	CAE - Equipa A	Madalena Duarte	Arco	2,200	1,300	3,500	4,400	4,700	5,450	4,500	4,800	5,350	0,000	14,300
3	SAD – Equipa A	Carina Novikova	Fita	4,700	1,600	6,300	2,500	3,000	7,250	3,000	3,200	6,900	0,000	20,450
4	CDAEAO - Equipa B	Leonor Pegado	Arco	1,700	1,300	3,000	4,500	5,400	5,050	4,500	4,300	5,600	0,000	13,650
5	VCQ – Equipa A	Catarina Vital	Maças	2,000	1,900	3,900	2,000	2,600	7,700	3,300	3,600	6,550	0,000	18,150
6	GCP - Equipa A	Márcia Lopes	Arco	2,400	1,700	4,100	4,600	4,700	5,350	6,400	6,400	3,600	0,000	13,050
7	CDAEAO - Equipa A	Beatriz Rodrigues	Maças	1,700	0,200	1,900	3,900	3,900	6,100	4,900	4,600	5,250	0,000	13,250
8	GCP - Equipa B	Margarida Ferreira	Arco	4,400	2,200	6,600	2,900	2,300	7,400	3,000	3,100	6,950	0,000	20,950
1	CIRM – Equipa A	Inês Canhoto	Maças	3,000	1,600	4,600	3,300	3,400	6,650	4,500	5,000	5,250	0,000	16,500
2	CAE - Equipa A	Mafalda Duarte	Maças	2,100	0,700	2,800	3,400	3,900	6,350	5,400	4,900	4,850	0,000	14,000
3	SAD – Equipa A	Sofia Bolaños	Bola	2,100	2,000	4,100	3,700	3,600	6,350	6,200	6,000	3,900	0,000	14,350
4	CDAEAO - Equipa B	Inês Compõete	Maças	1,300	0,800	2,100	3,700	3,700	6,300	4,700	4,900	5,200	0,000	13,600
6	GCP - Equipa A	Rita Araújo	Maças	6,900	3,500	10,400	2,700	2,600	7,350	3,700	3,200	6,550	0,000	24,300
7	CDAEAO - Equipa A	Márcia Ruivo	Arco	0,300	1,100	1,400	6,400	6,600	3,500	6,000	5,700	4,150	0,600	9,050
8	GCP - Equipa B	Clara Paiva	Fita	5,800	1,800	7,600	2,300	2,500	7,600	4,700	4,500	5,400	0,000	20,600
1	CIRM – Equipa A	Leonor Gonçalves	Maças	1,800	0,900	2,700	3,500	3,800	6,350	4,500	4,200	5,650	0,000	14,700
2	CAE - Equipa A	Mafalda Duarte	Arco	2,100	0,800	2,900	5,000	4,800	5,100	4,400	4,100	5,750	0,000	13,750
3	SAD – Equipa A	Sofia Bolaños	Maças	3,600	2,800	6,400	4,100	3,900	6,000	6,200	6,200	3,800	0,000	16,200
4	CDAEAO - Equipa B	Inês Compõete	Arco	1,600	0,700	2,300	4,800	5,100	5,050	4,000	4,100	5,950	0,000	13,300
6	GCP - Equipa A	Rita Araújo	Bola	6,300	3,900	10,200	2,300	2,200	7,750	3,600	3,500	6,450	0,000	24,400

7	CDAEAO - Equipa A	Márcia Ruivo	Maças	0,900	1,900	2,800	5,400	4,900	4,850	5,000	5,500	4,750	0,000	12,400
8	GCP - Equipa B	Beatriz Freitas	Bola	3,500	1,000	4,500	2,100	2,500	7,700	3.3	3,100	6,900	0,000	19,100
1	CIRM – Equipa A	Celina Dias	Arco	2,300	2,300	4,600	3,500	4,200	6,150	3,000	3,300	6,850	0,000	17,600
2	CAE - Equipa A	Marta Castelo Branco	Maças	2,000	1,300	3,300	5,100	4,900	5,000	3,500	3,900	6,300	0,000	14,600
3	SAD – Equipa A	Mafalda Marques	Maças	5,300	2,300	7,600	3,000	3,200	6,900	2,000	2,600	7,700	0,000	22,200
4	CDAEAO - Equipa B	Beatriz Silva	Maças	0,500	0,400	0,900	4,400	4,400	5,600	4,200	4,200	5,800	0,000	12,300
5	VCQ – Equipa A	Catarina Dias	Arco	4,600	2,600	7,200	2,600	3,200	7,100	2,800	2,800	7,200	0,000	21,500
6	GCP - Equipa A	Joana Pinheiro	Maças	7,300	4,100	11,400	1,700	1,600	8,350	4,200	4,000	5,900	0,000	25,650
7	CDAEAO - Equipa A	Joana Sousa	Arco	1,800	0,200	2,000	5,700	5,700	4,300	6,500	6,200	3,650	0,000	9,950
8	GCP - Equipa B	Valéria Maritói	Arco	4,200	1,800	6,000	4,700	4,500	5,400	2,700	2,800	7,250	0,000	18,650
1	CIRM – Equipa A	Inês Pedrosa	Maças	2,200	1,100	3,300	4,700	4,500	5,400	4,100	3,500	6,200	0,000	14,900
2	CAE - Equipa A	Marta Castelo Branco	Arco	1,500	1,800	3,300	4,900	4,900	5,100	4,700	4,700	5,300	0,000	13,700
3	SAD – Equipa A	Mafalda Marques	Fita	4,100	2,300	6,400	2,200	2,000	7,900	3,000	3,400	6,800	0,000	21,100
4	CDAEAO - Equipa B	Beatriz Silva	Arco	0,500	0,200	0,700	5,500	6,300	4,100	6,700	6,500	3,400	0,000	8,200
5	VCQ – Equipa A	Catarina Dias	Bola	3,400	1,500	4,900	3,700	2,900	6,700	3,300	3,200	6,750	0,000	18,350
6	GCP - Equipa A	Joana Pinheiro	Bola	6,500	4,000	10,500	2,800	3,400	6,900	3,700	3,600	6,350	0,000	23,750
7	CDAEAO - Equipa A	Joana Sousa	Maças	0,600	0,600	1,200	5,700	5,700	4,300	8,000	7,800	2,100	0,000	7,600
8	GCP - Equipa B	Valéria Maritói	Bola	2,400	1,400	3,800	5,700	5,000	4,650	4,800	4,900	5,150	0,000	13,600